

## **AIMS AND PLAN OF WORK FOR THE REVIEW OF ADULT MENTAL HEALTH**

### **Nature of Work**

1. A review of policy and services for adults in the age range 18-65 years with mental health needs to bring forward proposals for service development:

- A Strategic Framework
- Service Models
- Standards.

To specify infrastructure requirements to underpin service proposals including workforce, information management and fiscal requirements.

To specify targets and monitoring arrangements which will include appropriate milestones.

### **Scope of Work**

2. The work to include:
  - (1) Services at primary and community care including interface and access issues with secondary care.
  - (2) Services for people with severe mental health problems and enduring needs – including interface issues between health and social care, education, housing, employment , culture, arts and leisure; the complementary roles of statutory and non-statutory services and the issues surrounding multi-disciplinary and multi-agency working.

- (3) Specialist services for:
  - (a) people with eating disorders
  - (b) people with brain disease or injury
  - (c) deaf people with mental health needs
  - (d) people with psychological trauma
  - (e) people with personality disorders
  - (f) able adults with Autistic Spectrum Disorder
  - (g) people with disorders of gender and sexuality.

### **Aims**

3. To prepare Strategic Framework for adult mental health enshrining the principles of the review aimed at ensuring:
  - that adults with mental health problems and their carers are provided with high quality services which are appropriate, responsible to their needs and acceptable to users and carers
  - that services are comprehensive and well co-ordinated
  - that services are effective, efficient and informed by the appropriate evidence base
  - that the workforce providing mental health services are appropriately trained and supported
  - that services are safe for users, carers, staff and the public.

### **Work Plan**

4. Formation of Sub-groups for specific tasks:
  - (a) Sub-group for Policy and Services for people at Community and Primary Care level, including the interface and access issues with secondary care
  - (b) Sub-group for Policy and Services within Mental Health Services
  - (c) Policies and related Services for Specialist areas identified by the Working Committee.

A lead/expert identified by the Working Committee to be tasked with preparation of a draft paper on the relevant Specialist services, taking due account of the over-arching mission and framework papers for the review, the nature, aims and scope of the Adult Mental Health review and paying attention to the involvement and consultation with users and carers.

5. General working arrangements for all sub-groups.

The work process to be taken forward primarily through the preparation of a series of papers focusing on key themes. The theme areas will be identified by the Working Committee and developed through each sub-group. The Chairpersons of sub-groups will be responsible for ensuring the preparation of papers on relevant themes. Theme papers to be informed by the relevant evidence base.

Draft papers to be presented to the sub-groups initially for detailed consideration, discussion and through a process of iteration and redrafting to reach consensus on key themes for the sub-group task. Agreed theme papers to be submitted to a full meeting the Working Committee for further critique and where appropriate redrafting. Agreed papers to be submitted to the Steering Committee.

The evidence base for the review should take account of relevant literature including recent reviews. Key sources include:

Cochran collaboration

NSF for mental health

Recent DOH updates on the literature base being prepared for the NSF

DOH websites

Local initiatives and local submissions.

6. Suggested time frame for tasks:

- (i) Outline task areas agreed by Working Committee by mid-March 2003.
- (ii) Initial work of sub-groups to be completed by mid-May.

- (iii) Review of the working arrangements by the Working Committee late May.  
Modification of working methods and timescale where necessary.
- (iv) Proposed completion date for theme papers late July.
- (v) Receipt of papers from Specialist sub-groups late July.
- (vi) Review of papers by Working Committee late September.
- (vii) Development of papers on infrastructure themes, performance indicators,  
service milestones to be completed by late January 2004.
- (viii) Submission of the Working Committee's report to the Steering Committee by  
late March 2004.

