

# Promoting health and well-being in the community

Postgraduate Centre Belfast City Hospital Wednesday 10 October 2007

<b>0915 – 0945</b>	<b>Registration and Refreshments</b>	1140 - 1155	Dr Rachel Holland, Clinical Psychologist, Centre Manager, Macmillan Support and Information Centre. <i>The Belfast Model: Psycho-Social Services at the Macmillan Support and Information Centre</i>	1435 - 1500	Ms Patsy McDaniel <i>Enhancing the self esteem of young people</i>
0945 -0955	Formal Welcome Ms Jennifer Welsh, Director Specialist Services, Belfast Health and Social Care Trust			1500 - 1510	Q&A session
	Welcome from the Chair of the Day Mrs Christine Jendoubi, Director of Primary and Community Care, DHSSPS	1155 - 1220	Ms Boo Armstrong, Managing Director Get Well UK. <i>Update on the Northern Ireland GP referral project</i>	<b>1510 – 1525</b>	<b>Coffee/Networking</b>
0955 -1025	Dr Jacqui Stringer, Clinical Lead of Complementary Therapies at the Christie Hospital, Manchester. <i>Integrating Complementary Therapies in an Acute Cancer Hospital: Support and infection control for Haematology and Bone Marrow Transplant patients</i>	1220 -1230	Q&A session with speakers	<b>1525 - 1540</b>	<b>Keynote speech</b> Mr Michael McGimpsey MLA Minister for Health, Social Services and Public Safety
		<b>1230 – 1330</b>	<b>Lunch/Networking</b>	1540 - 1545	Mr Ian Brownhill, Programmes Director, The Prince's Foundation for Integrated Health. <i>Introduction to the Integrated Health Awards Scheme in Northern Ireland</i>
1025 -1055	Dr Susie Wilkinson, Senior Lecturer, Palliative Care and National lead, CAT Advanced Communication Skills Training Programme, Dept. of Mental Health Sciences, Royal Free and UCL Medical School, London. <i>Effectiveness of aromatherapy massage for improving depression and anxiety in patients with cancer: A randomised controlled trial</i>	1330 - 1335	Mrs Christine Jendoubi, Director of Primary and Community Care, DHSSPS <i>Outline of afternoon programme</i>	1545 - 1615	Presentations from the three short listed projects
		1335 - 1355	Ms Kim Lavelly, Chief Executive, The Prince's Foundation for Integrated Health. <i>Integrated health and the role of diet, physical activity and coping skills</i>	1615 - 1625	Announcement of winning entry and prize giving – Mr Michael McGimpsey, Minister for Health, Social Services and Public Safety
<b>1055 - 1110</b>	<b>Coffee/Networking</b>	1355 - 1410	Mr Danny Power, Chair of Healthy Living Centre Regional Alliance	<b>1625</b>	<b>Thanks and Close</b>
1110 -1140	Professor Lesley Walker, Chair of Cancer Rehabilitation and lead of the Division of Cancer in the Postgraduate Medical Institute, University of Hull. <i>A randomised, controlled trial of reflexology in women with early breast cancer</i>	1410 - 1435	Ms Angela Denvir <i>Enhancing the health and social well-being of older people living in the Newtownabbey/Carrickfergus areas</i>		