

From the Chief Medical Officer  
**Dr Michael McBride**



Department of  
**Health, Social Services  
and Public Safety**

[www.dhsspsni.gov.uk](http://www.dhsspsni.gov.uk)

AN ROINN

**Sláinte, Seirbhísí Sóisialta  
agus Sábháilteachta Poiblí**

MÁNNYSTRIE O

**Poustie, Resydënter Heisin  
an Fowk Siccar**

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**Circular HSC (SQSD) (NICE) 09/09 CG 63**

Chief Executives of HSS Boards – **for distribution to:**

Directors of Public Health  
Directors of Nursing  
Directors of Pharmaceutical Services  
Directors of Primary Care – for cascade to prescribing and GP  
Advisors

Chief Executives of HSC Trusts – **for distribution to:**

Medical Directors – for cascade to relevant staff  
Directors of Nursing – for cascade to relevant staff  
Directors of Pharmaceutical Services – for cascade to relevant  
staff

Date: 21 January 2009

General Practitioners

HSC Clinical and Social Governance Leads

Chief Executives of HSC Special Agencies and NDPBs

**For Information**

Chairs of HSS Boards  
Chairs of HSC Trusts  
Chief Executive, Regulation & Quality Improvement Authority  
Chief Officers HSC Councils  
Chief Executive/Postgraduate Dean, NIMDTA  
Chief Executive, NIPPET  
Chief Executive, NIPEC  
Chief Executive, RMSC

Dear Colleagues

**NICE Clinical Guideline No 63 – Diabetes in pregnancy: management of diabetes and its complications from pre-conception to the postnatal period**

This guidance covers the care and treatment of pregnant women with diabetes. It also covers the care of their newborn babies. It is written for women who have diabetes or develop it in pregnancy, but it may also be useful for their families or for anyone with an interest in the condition.

DHSSPS advises that this guidance is valid for Northern Ireland and endorses it for implementation in HSC.

The full NICE clinical guideline is available for download at:

<http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11946>

The HSC sector also should note that;

1. The Department expects HSC organisations to take account of this guidance in the planning and delivery of services to pregnant women with diabetes.
2. This advice does not override or replace the individual responsibility of health professionals to make appropriate decisions in the circumstances of their individual patients, in consultation with the patient and/or guardian or carer. This would, for example, include situations where individual patients have other conditions or complications that need to be taken into account in determining whether the NICE guidance is fully appropriate in their case.
3. This guideline will be reviewed by NICE as and when required.
4. NICE has developed tools to help organisations implement this guidance. These are available at <http://www.nice.org.uk/guidance/index.jsp?action=byID&o=11946> and include costing tools, implementation advice and audit criteria to monitor local practice.
5. NICE has developed related guidance on Diabetes as follows
  - Induction of labour, CG70 download at [www.nice.org.uk/CG070](http://www.nice.org.uk/CG070)
  - Type 2 diabetes, CG66 for download at [www.nice.org.uk/CG066](http://www.nice.org.uk/CG066)
  - Antenatal care, CG62 for download at [www.nice.org.uk/CG062](http://www.nice.org.uk/CG062)
  - Intrapartum care, CG55 for download at [www.nice.org.uk/CG055](http://www.nice.org.uk/CG055)
  - Postnatal care, CG37 for download at [www.nice.org.uk/CG037](http://www.nice.org.uk/CG037)
  - Type 1 diabetes, CG15 for download at [www.nice.org.uk/CG015](http://www.nice.org.uk/CG015)
  - Caesarean section, CG13 for download at [www.nice.org.uk/CG013](http://www.nice.org.uk/CG013)
  - Continuous subcutaneous insulin infusion for the treatment of diabetes mellitus TA151 for download at [www.nice.org.uk/TA151](http://www.nice.org.uk/TA151)
  - Diabetes (types 1 and 2) – patient education models. TA60 for download at [www.nice.org.uk/TA060](http://www.nice.org.uk/TA060)
  - Diabetes (types 1 and 2) – long-acting insulin analogues. TA53, for download at [www.nice.org.uk/TA053](http://www.nice.org.uk/TA053)
  - Improving the nutrition of pregnant and breastfeeding mothers and children in low-income households. PH11 for download at [www.nice.org.uk/PH011](http://www.nice.org.uk/PH011)

6. NICE is developing a clinical guideline on Diabetes (type 2) – newer agents for blood glucose control. Publication is expected in February 2009

All NICE guidance endorsed by the Department to date can be accessed on the DHSSPS website at <http://www.dhsspsni.gov.uk/sqsd-guidance-nice-guidance>

Circular HSS (PPMD) (NICE) 01/006 issued on 30 June 2006 provides further information on the Northern Ireland process for reviewing NICE guidance and further details on the local status of the Institute's guidance. This circular can be accessed at: [www.dhsspsni.gov.uk/nice\\_guidance\\_01-06.pdf](http://www.dhsspsni.gov.uk/nice_guidance_01-06.pdf)

A handwritten signature in black ink, appearing to read 'Michael McBride', written in a cursive style.

**DR MICHAEL MCBRIDE**  
Chief Medical Officer