

From the Deputy Chief Medical Officer
Dr Paddy Woods



Department of
**Health, Social Services
and Public Safety**

www.dhsspsni.gov.uk

AN ROINN

**Sláinte, Seirbhísí Sóisialta
agus Sábháilteachta Poiblí**

MÄNNYSTRIE O

**Poustie, Resydènter Heisin
an Fowk Siccar**

Circular HSC (SQSD) (NICE) 05/10 CG 83

**Subject: Clinical Guideline No 83 – Rehabilitation
after Critical Illness**

Circular Reference: HSC (SQSD) (NICE) 05/2010

Date of Issue: 27 July 2010

For action by:

Chief Executive of HSC Board – **for distribution to:**

Director of Performance Management & Service Improvement
Director of Commissioning
Assistant Directors of Commissioning
Head of Pharmacy and Medicines Management
Family Practitioner Services Leads

Chief Executive of Public Health Agency – **for distribution to:**

Director of Public Health
Director of Nursing

Chief Executives of HSC Trusts – **for distribution to:**

Medical Directors – for cascade to relevant staff
Directors of Nursing – for cascade to relevant staff
Heads of Pharmaceutical Services – for cascade to relevant staff
Directors of Acute Services – for cascade to relevant staff
HSC Clinical and Social Governance Leads

Chief Executives of HSC Special Agencies and NDPBs

For Information to:

Chair of HSC Board
Chair of Public Health Agency
Chairs of HSC Trusts
Chief Executive, Regulation & Quality Improvement Authority
Chief Executive Patient and Client Council
Chief Executive/Postgraduate Dean, NIMDTA
Chief Executive, NICPLD
Chief Executive, NIPEC
Chair, RMSG

Summary of Contents:

The advice in the NICE guideline covers the care of adults who, as a result of critical illness, have stayed in critical care and need rehabilitation.

Enquiries:

Any enquiries about the content of this Circular should be addressed to:
Standards & Guidelines Unit
DHSSPS
Room D1.4
Castle Buildings

Related documents:

See Points 5 & 6 below

Superseded documents

None

Status of Contents:

Action

Implementation:

To take account of this guidance in the delivery of services to patients in critical care.

Stormont Estate
BELFAST
BT4 3SQ

SGU-NICEGuidance@dhsspsni.gov.uk

Additional copies:

Available to download from

<http://www.dhsspsni.gov.uk/index/phealth/sqs/sqsd-guidance.htm>

Dear Colleagues

Clinical Guideline No 83 – Rehabilitation After Critical Illness

The advice in the NICE guideline covers the care of:

- adults who, as a result of critical illness, have stayed in critical care and need rehabilitation.

It does not specifically look at the care of:

- adults who are having treatment for symptoms and pain in the final stages of a terminal illness
- adults whose rehabilitation needs are already routinely assessed and delivered as part of their care, for example, patients who have brief stays in critical care units for immediate postoperative care after major elective surgery, and patients with conditions for which published guidelines already exist – such as head injury, heart attack and stroke.

DHSSPS advises that this guidance is valid for Northern Ireland and endorses it for implementation in HSC.

The full NICE guidance is available for download at:

<http://www.nice.org.uk/guidance/CG83>

The HSC sector also should note that;

1. The Department expects the HSC sector to take account of this guidance in their delivery of services to patients in critical care.
2. The 'Mental Capacity Act 2005' and the Department of Health guidance 'Reference Guide to Consent for Examination or Treatment' do not apply in NI, but work is under way to bring forward mental capacity legislation for NI. The DHSSPS guidance 'Reference Guide to Consent for Examination, Treatment or Care (2003)', which is available on the DHSSPS website, gives advice on determining whether a person has capacity and on what action may be taken where the person lacks capacity. This is available at <http://www.dhsspsni.gov.uk/consent-referenceguide.pdf>
3. This advice does not override or replace the individual responsibility of health professionals to make appropriate decisions in the circumstances of their individual patients, in consultation with the patient and/or guardian or carer. This would, for example, include situations where individual patients have other conditions or complications that need to be taken into

account in determining whether the NICE guidance is fully appropriate in their case.

4. NICE has developed tools to help organisations implement this guidance. These are available at <http://www.nice.org.uk/guidance/CG83> and include implementation advice and audit criteria to monitor local practice.
5. NICE has published related guidance as follows:
 - Acutely ill patients in hospital CG 50 available from <http://www.nice.org.uk/guidance/CG50>
 - Anxiety CG 22, available from <http://www.nice.org.uk/guidance/CG22>
 - Dementia CG 42, available from <http://www.nice.org.uk/guidance/CG42>
 - Depression CG 23; available from <http://www.nice.org.uk/guidance/CG23>
 - Head injury CG 56; available from <http://www.nice.org.uk/guidance/CG56>
 - MI: secondary prevention CG 48; available from <http://www.nice.org.uk/guidance/CG48>
 - Nutrition support in adults CG 32, available from <http://www.nice.org.uk/guidance/CG32>
 - Post-traumatic stress disorder (PTSD) CG 26, available from <http://www.nice.org.uk/guidance/CG26> and;
 - Stroke. CG 68, available from <http://www.nice.org.uk/guidance/CG68>
6. NICE is currently developing related guidance as follows:
 - Diagnosis, prevention and management of delirium, (publication expected July 2010).

All NICE guidance endorsed by the Department to date can be accessed on the DHSSPS website at: <http://www.dhsspsni.gov.uk/sqsd-guidance-nice-guidance>

Circular HSS (PPMD) (NICE) 01/06 issued on 30 June 2006 provides further information on the Northern Ireland process for reviewing NICE guidance and further details on the local status of the Institute's guidance. This circular can be accessed at: http://www.dhsspsni.gov.uk/nice_guidance_01-06.pdf

A handwritten signature in black ink, appearing to read 'Paddy Woods', written in a cursive style.

DR PADDY WOODS
Deputy Chief Medical Officer