



REPEAT DISPENSING PATIENT SELECTION INFORMATION SHEET

Patient selection can be either within the GP practice or via the community pharmacy or a combination of both, depending on local agreement. Therefore, it is essential to meet with the local community pharmacist(s) prior to getting started, as Repeat Dispensing does involve some initial work to get started.

Patients with long-term, stable conditions that need regular medicines are most likely to benefit. The following information may be useful in helping you identify patients:

PATIENT SELECTION WITHIN GP PRACTICE

- Computer search by clinical condition for example:
 - stable hypertension
 - stable diabetes
 - stable epilepsy
 - hyperthyroidism
 - osteoporosis
 - coeliac disease
 - colostomy patients
- Computer search by specific medication or patients who are on one or two medicines for example:
 - aspirin and a statin
 - levothyroxine
 - OCP
 - HRT
 - antihistamines
 - emollients
- Opportunistically during routine consultations
GPs could explain the process and issue a repeatable prescription to suitable patients during a routine consultation
- During annual medication reviews
Practices could start to identify patients as part of the annual medication review process and keep a list of suitable patients

Once patients have been identified they should have their medication reviewed prior to issuing a Repeatable Prescription to ensure they are suitable to receive their medication via this scheme. This also provides an opportunity for rationalising medicines, removing obsolete items, synchronising quantities and making generic substitutions.

These patients could be asked to contact the practice to discuss the Repeat Dispensing scheme. Some practices send out a standard letter offering an appointment and enclose a copy of the Patient Information Leaflet.

PATIENT SELECTION WITHIN THE COMMUNITY PHARMACY

If practices would like local community pharmacists to assist in the patient selection process, it is essential to contact them to discuss how this can be managed locally. A Community Pharmacy Patient Selection Proforma is available to facilitate this process.

If patients are being selected via this method clear guidance should be given to community pharmacist(s) on how often the Proforma is to be forwarded to the practice (e.g. monthly) and to whom (e.g. practice manager).

**Remember to read code your patients when issuing the first Repeatable Prescription –
8BM1 for EMIS, VISION & TOREX; XaJus for HEALTHY**