

# DISEASE RISK

# BIRD FLU

If you are **travelling to** an area affected by bird flu:

- Do not visit bird or poultry farms or markets
- Avoid close contact with live or dead poultry
- Do not eat raw or poorly-cooked poultry, or poultry products, including blood
- Wash your hands frequently with soap and water

If you are **travelling from** an area affected by bird flu and have had

Contact with live or dead poultry



Fever (temperature of 38°C or more, within seven days of your return)



Cough, shortness of breath, headache, sore throat, muscle aches



**Seek immediate medical attention**

It is illegal to bring the following items into the UK from areas affected by bird flu:

- Poultry or other birds
- Poultry meat or eggs
- Other products derived from poultry including unprocessed game trophies and some feathers

**Any such prohibited items will be seized or detained by DARD officers**

Pick up a leaflet to get basic information on this potentially serious disease and the precautions you can take to help prevent you catching it.



Department of  
**Agriculture and  
Rural Development**

[www.dardni.gov.uk](http://www.dardni.gov.uk)



Department of  
**Health, Social Services  
and Public Safety**

An Roinn

**Sláinte, Seirbhísí Sóisialta  
agus Sábháilteachta Poiblí**

[www.dhsspsni.gov.uk](http://www.dhsspsni.gov.uk)



**HM Revenue  
& Customs**