

DISEASE RISK

BIRD FLU

If you are **travelling to** an area affected by bird flu

- Do not visit bird or poultry farms or markets
- Avoid close contact with live or dead poultry
- Do not eat raw or poorly-cooked poultry, or poultry products, including blood
- Wash your hands frequently with soap and water

If you are **travelling from** an area affected by bird flu and have had

Contact with live or dead poultry



Fever (temperature of 38°C or more, within seven days of your return)



Cough, shortness of breath, headache, sore throat, muscle aches



Seek immediate medical attention

It is illegal to bring the following items into the UK from areas affected by bird flu

- Poultry or other birds
- Poultry meat or eggs
- Other products derived from poultry including unprocessed game trophies and some feathers

Any such prohibited items will be seized or detained by DARD officers.

Pick up a leaflet to get basic information on this potentially serious disease and the precautions you can take to help prevent you catching it



Department of
**Agriculture and
Rural Development**

www.dardni.gov.uk



Department of
**Health, Social Services
and Public Safety**

An Roinn

**Sláinte, Seirbhísí Sóisialta
agus Sábháilteachta Poiblí**

www.dhsspsni.gov.uk



**HM Revenue
& Customs**