

### **7.3 TRANSITIONAL CARE FOR ADOLESCENTS WITH CHRONIC RESPIRATORY DISEASE**

This refers to young people who are moving to adult services. This can be a time of difficulty in management of disease, continuity of care and support. This standard has been developed to ensure that there are proper arrangements in place to support young people and their families at this time of change.

## Overarching Standard 48:

### Transitional Care in Respiratory Disease

All young people with chronic respiratory disease (asthma / OSAS / LTV / cystic fibrosis / bronchiectasis) should have appropriate arrangements in place for transition and transfer to adult services.

#### Rationale:

Smooth transition from paediatric to adult services results in better adherence and clinical outcomes for young people.

#### Evidence:

CF Trust Standards of Care (2001)

[http://www.cftrust.org.uk/aboutcf/publications/consensusdoc/C\\_3000Standards\\_of\\_Care.pdf](http://www.cftrust.org.uk/aboutcf/publications/consensusdoc/C_3000Standards_of_Care.pdf)

Kerem E, Conway S, Elborn S, Heijerman H; Standards of care for patients with cystic fibrosis: a European consensus. J Cyst Fibros. 2005 Mar;4(1):7-26  
[http://www.elsevier.com/framework\\_products/promis\\_misc/2005.pdf](http://www.elsevier.com/framework_products/promis_misc/2005.pdf)

BTS/SIGN Guidelines (work in progress)

#### Responsibility for delivery / implementation

HSC Trusts

Belfast Regional Respiratory Service

Paediatric and Adult Cystic Fibrosis Centres

#### Quality Dimension

1. All young people with CF should attend a transition clinic from age 15. (This involves a joint clinic in the paediatric unit)
2. All young people with CF should be transferred to an adult centre by their 18th year.
3. All HSC Trusts should have an appropriate referral pathway for smooth transition for adolescents with respiratory disease (asthma/OSAS/LTV/bronchiectasis).

<b>Performance Indicator</b>	<b>Data Source</b>	<b>Anticipated Performance Level</b>	<b>Date to be achieved by</b>
Percentage of HSC Trusts where there are transitional arrangements in place for chronic respiratory disease (asthma / OSAS / LTV / cystic fibrosis / bronchiectasis)	Focus Groups HSC Trust report	100%	March 2011